



Hepatology ATP

Birmingham Liver Unit



University Hospitals Birmingham 
NHS Foundation Trust

Last Updated: 11.11.2021

Overview

3, 6 or 12 month rotation to the Birmingham Liver Unit

Rota shared with 7 other West Midlands Gastro trainees

Intense mixture of IP/OP hepatology, IP transplant work-up & post-transplant care

1 in 4 weekends on-call

Close working with wider MDT, incl. transplant surgeons, radiologists and critical care

Opportunity for specialist clinics, endoscopy and research

On-call/Nights: both in-house liver issues and external referrals

The Rota

7 week rolling rota (e.g. below)

'Block' week system

On-call for in-house Hepatology plus external referrals








Not on a GI-bleed rota








Occasional endoscopy lists for varices assessment/banding/thrombin injection

Ward weeks – Cons ward rounds Mon and Fri, plus board round Weds. Transplant listing MDT every Friday.

Thurs PM (16:00) is either consultant led teaching, journal club or M&M

Legend

-  Nights (20:00-08:00)
-  Clinic (AM 09:00-13:00, PM 14:00-17:00)
-  C/E Clinic AM/Endo PM
-  C/M Clinic AM/MDT PM
-  SD Short day on-call (08:00-16:00)
-  LD Long day on-call (08:00-20:00)
-  W Ward day (08:30-17:30)

Week 1							Week 2							Week 3							Week 4							Week 5							Week 6							Week 7																
M	TU	W	TH	F	SA	SU	M	TU	W	TH	F	SA	SU	M	TU	W	TH	F	SA	SU	M	TU	W	TH	F	SA	SU	M	TU	W	TH	F	SA	SU	M	TU	W	TH	F	SA	SU	M	TU	W	TH	F	SA	SU										
							C	C	C/E								C/M	SD						LD	LD	LD	LD				W	W	W	W	W			W	W	W	W	LD	LD	LD								C	C/M	E				

On-call: Referrals

Birmingham covers a large geographical area for transplant assessment, post-transplant care and general hepatology referrals

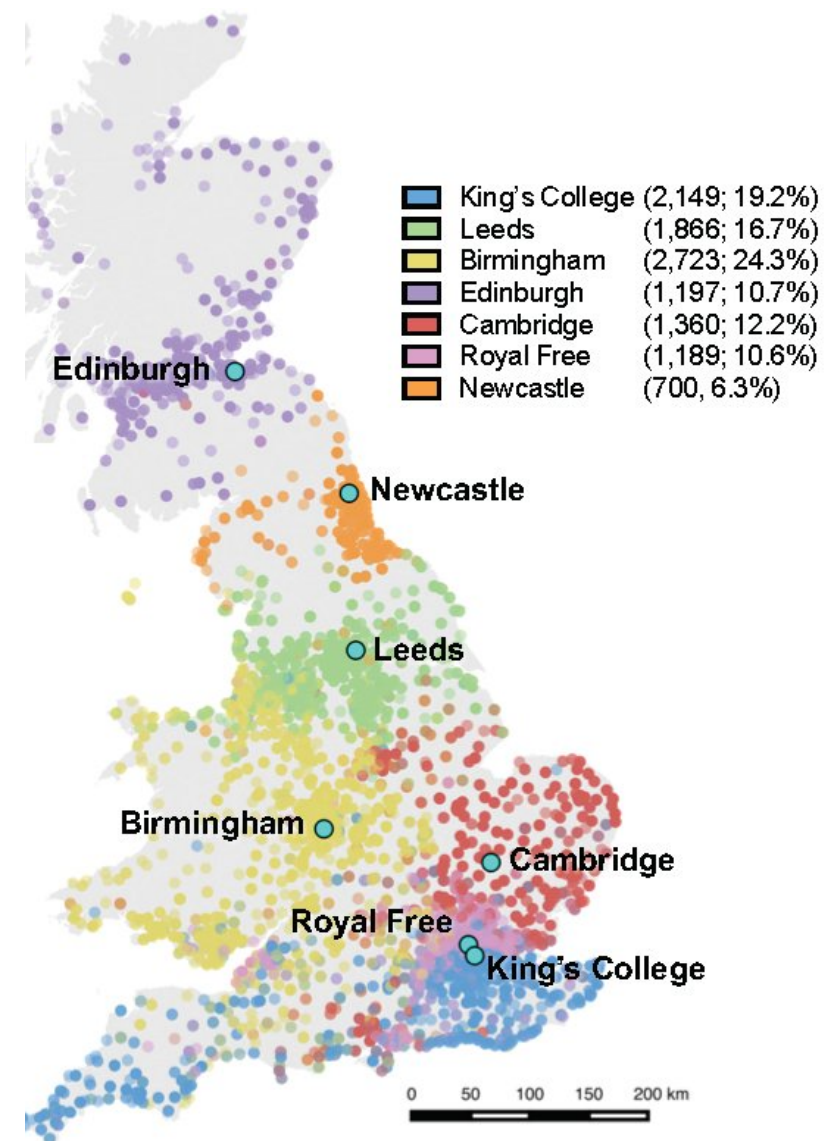
The on-call long days are extremely busy!

Most common external queries on-call:

- ✓ POD
- ✓ Non-POD acute liver injury/ALF
- ✓ Managing immunosuppression in the unwell/septic post-transplant patient
- ✓ Post-transplant patient with abnormal liver chemistry
- ✓ Decompensated cirrhosis with a view to transfer for IP transplant assessment
- ✓ Vascular issues e.g. blocked TIPSS, Budd-Chiari, PVT

You will get calls in-house from ED/wards about:

- ✓ Patients known to liver medicine
- ✓ Index presentations of decompensated liver disease
- ✓ Patients with newly deranged liver chemistry
- ✓ Incidental radiological features suggestive of chronic liver disease



The Ward

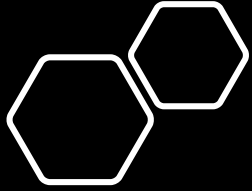
- 36 beds for liver inpatients on Ward 306
- Plus outliers (usually ED/AMU, Ward 302, Ward 726)
- 2 x SpRs cover the ward at any time – split the ward round between you
- 2 (sometimes 3) juniors at any time- 2 x FY1s, 1 x SHO
- Consultant ward rounds Mon PM and Fri AM – preceded by board round in both cases. Additional board/numbers round on Weds PM
- Most SpR tasks will involve liaising with other specialities/booking procedures/supervising ascitic drain placement
- Often there will be urgent liver biopsies to arrange
- In addition, SpR must ensure that IP transplant assessment protocol goes ahead during the week for selected patients (usually 2-3 each)
- SpRs present patients at the listing MDT on Fri PM – prepare slides for this during the week

	AM	PM
Mon	SpR-led WR	Cons BR then WR
Tues	SpR-led WR	
Weds	SpR-led WR	Cons BR
Thurs	SpR-led WR	
Fri	Cons WR (plus coffee!)	Transplant listing MDT
Sat	Cons + on-call SpR	
Sun	Cons + on-call SpR	

Clinics

- Clinic flow run by Carmel Maguire and Maria Round (senior nurses) – make friends with them 😊
- Patients often come from Wales/Devon/Manchester specifically for these clinics
- Mixture of telephone and (increasingly) F2F
- You are expected to see approx. 8-10 patients per clinic
- Organise OP investigations and prescribe e.g. immunosuppression
- Bloods done immediately post clinic for F2F patients
- Discuss complex cases with consultant post-clinic or by email
- Additional clinics (if interested/time)
 - RQ3 (Neil Rajoriya) is the high intensity alcohol clinic
 - FS4 (Matt Armstrong) is the NAFLD clinic
 - MR1 (all) is the clinic for patients active on the transplant waiting list.
 - Wilson's clinic (Dr Holt) run jointly with Neurology on a Friday

	AM	PM
Mon	GW8 (Debs Haldar) Mixed hepatology	919 (Palak Trivedi) PBC/PSC
Tues	JD3 (Fiona Thompson) Mixed hepatology	AL7 (Abhi Chauhan) Mixed/alcohol
Weds	964 (Dhiraj Tripathi) Complex portal hypertension	Cons BR
Thurs	G50 (Ye Oo) Autoimmune liver disease	<No clinic> 14:00 HPB/HCC MDT 16:00 Teaching/journal club
Fri	Endoscopy	Admin



Useful contacts: Consultants

- Fiona Thompson: Fiona.Thompson@uhb.nhs.uk
 - Link consultant for enquiries into the hepatology ATP programme
- Abhi Chauhan: abhishek.Chauhan@uhb.nhs.uk
 - Consultant in charge of the SpR rota. Contact to discuss AL/SL in advance
- Matt Armstrong: matthew.Armstrong@uhb.nhs.uk
- James Ferguson: james.Ferguson@uhb.nhs.uk
 - Clinical service lead
- Palak Trivedi: palak.Trivedi@uhb.nhs.uk
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- Andrew Holt: Andrew.holt@uhb.nhs.uk

ATP

Current ATP trainee (2021-2022):
P.Thiagarajan

Contact:

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