

Research Update

NAFLD SIG May 2022

CRN Related NAFLD Research

- Research in progress/set-up
- Portfolio review and refinement
- Hepatology NSG projects
 - Alcohol and obesity cross-specialty project
 - Delivery in community + workforce

Open Studies

- NAFLD/NASH well represented on portfolio
- Across spectrum of study types and commercial/non

Open Studies

- BOPPP
- CALIBRE
- ASEPTIC
- PEARL/DELIVER

Coming Soon

Commercial

- Observational
- Several CTIMPs

Non-commercial

- Endoscopic therapy
- Diagnostic imaging

Portfolio Recovery

- Portfolio bigger than ever
 - Delivery needs to be feasible locally and nationally
- Size and scope needs to be appropriate
- Future studies likely to undergo greater scrutiny

Cross specialty project: Alcohol & Obesity

- Main drivers of liver disease
 - Linked to other conditions/multimorbidity e.g. DM/CVS/cancer
- Current focus on established liver disease - prevention would be better
- 2 key areas:
 - How to best detect liver disease/multimorbidity early
 - What interventions can help avoid serious liver damage from alcohol or obesity?
- Requires collaboration across fields/disciplines in trial design + delivery
 - Convened 5 working groups, now developing proposals

Cross specialty project: Alcohol & Obesity

- Early detection
 - Liver disease – had already convened (early detection SIG)
 - Multimorbidity - ?liver focus
- Interventions
 - Physical
 - Drug
 - Behavioural
- Hope to see studies in these areas in 2023/24
 - NETSCC/HTA possible routes of funding

Help please...

- Future hepatology studies with early detection/prevention focus
 - Community-based identification and recruitment
 - Community based interventions
- Is our research set-up ready?
- How might this work in your area?
 - What issues do you foresee?
 - What kind of workforce would be needed?
- Address some of these before studies open

